

SENIOR MEN - 10KM

						Position Points						Total	Times on Race						
L NO	NAME	SURNAME	SEX	AGE	Pos	Strelitzia	St Albans	Varsvlei	Varsvlei2	NMU	EP Champs		Strelitzia	St Albans	Varsvlei	Varsvlei2	NMU	EP Champs	
870	JUWAYNE	FLETCHER	M	27	20	28	*	*	*	*	*	28	0.42.59	*	*	*	*	*	
919	KEEGAN	COOKE	M	21	6	*	*	42	*	*	*	42	*	*	0.32.31	*	*	*	
944	MASANDE	MLONYENI	M	37	9-3	*	*	*	*	39	45	84	*	*	*	*	0.36.17	0.27.52	
MEN 40 - 49 / 8KM																			
928	ALLISTER	MARRAN	M	42	5-5-5-6	43	43	43	42	*	*	171	0.43.55	0.43.29	0.44.15	0.46.51	*	*	
MEN 50 - 59 / 8KM																			
913	PETER	POHLMANN	M	54	5-6-5-3-4-7	43	42	43	45	44	41	258	0.42.47	0.41.24	0.41.23	0.42.53	0.42.00	0.39.29	
967	MIKE	BURGER	M	58	3-2-5	*	45	47	*	43	42	177	*	0.38.04	0.38.17	*	0.43.00	0.38.15	
871	RECARDO	DEARDRADE	M	57	4-7-10	*	*	*	44	41	38	123	*	*	*	0.48.03	0.45.17	0.43.29	
	KRISH	PILLAY	M	56	9	*	*	*	*	*	39	39	*	*	*	*	*	0.42.54	
MEN 60 - 69 - 74 / 6KM																			
920	LOCHI	LOCHNER	M	70	1-1-1-1	50	*	*	50	50	50	200	0.29.14	*	*	0.29.19	0.28.18	0.27.19	
969	GARY	KELLEHER	M	59	5-6-3-6-7-17	43	42	45	42	41	31	244	36.24	0.34.23	0.37.02	0.39.08	0.35.54	0.40.38	
WOMEN 40 - 49 / 4KM																			
943	DENISE	DARLOW	F	49	3-3-9	*	45	45	*	*	39	129	*	0.21.16	0.20.56	*	*	0.22.46	
917	VICKY	TSOUKNIDAS	F	40	4-8	*	*	*	*	44	40	84	*	*	*	*	0.29.01	0.20.22	
	LINDI	VAN TONDER	F	40	4	*	*	*	*	*	44	44	*	*	*	*	*	53.07(10KM)	
WOMEN 50 - 54 / 4KM																			
901	EUSENTHA	PILLAY	F	52	4-4-2-3-5-7	44	44	47	45	43	41	264	0.26.45	0.25.55	0.25.14	0.29.06	0.26.47	0.25.56	
836	SUSAN	PIRON	F	54	5-6-3-2-6-8	43	42	45	47	42	40	259	0.27.33	0.29.22	0.26.32	0.27.11	0.28.17	0.26.28	
962	MILE	VERMAAK	F	51	7-8-4-5-7-10	41	40	44	43	41	38	247	0.31.28	0.29.59	0.28.56	0.31.31	0.30.39	0.30.21	
	EDITH	MACGEAR	F	50	12	*	*	*	*	*	36	36	*	*	*	*	*	0.33.32	
WOMEN 55 - 59 / 4KM																			
846	BELINDA	BAIN	F	56	2	*	*	*	*	47	*	47	*	*	*	*	0.21.08	*	
	SONJA	BOSCH	F	56	9	*	*	*	*	*	39	39	*	*	*	*	*	0.29..05	
Member per race						8	8	9	8	11	15	59	total						